

Introduction to Health Sciences - Syllabus

Introduction to Health Sciences, EXSS 150, Spring 2026

Instructor	Tim Kent, DHSC, ATC, LAT	Phone	TBA
Office Location	TBA	Email	tkent@tlu.edu
Course Meeting Days and Time	Monday, Wednesday: 2:00 – 3:15 pm	Student Drop-In Office Hours	TBA
Course Mode	In-person		

Course Information

Catalog Description:

Overview of the career opportunities available in exercise and sport science. Each student develops a personal profile which includes factors that influence an individual's career choice. Included in this profile is the development of both a personal and professional philosophy, assessment of one's lifestyle preferences, plus a professional research project in one's preferred career choice.

Credit Hour Policy Statement:

This class meets the federal credit hour policy of 1 hour of class with an expected 2 hours of additional student work outside of class each week for approximately 15 weeks for each hour of credit, or a total of 45-75 total hours for each credit.

Course Learning Outcomes:

By the end of this course, students will be able to:

- Identify and describe key career paths in health sciences.
- Analyze personal values, lifestyle preferences, and skills relevant to career selection.
- Develop a comprehensive personal and professional philosophy.
- Conduct research on a selected career in health sciences.
- Create a personal career profile that includes goals, values, and an action plan.

Required Materials:

No textbook required

Methods of Instructions:

Instruction will be multi-faceted, to include: interactive lecture, independent study, student presentation, group work, portfolio creation

Withdrawal and Attendance policies:

Daily attendance is expected and in conjunction with participation will account for 10% of the student's grade.

Grading Criteria:

Assignment	Percentage
Career Exploration Reflections (5 total)	15%
Personal & Professional Philosophy	15%
Quizzes	10%
Exams	20%
Career Profile (written + presentation)	30%
Attendance & Participation	10%

Honor Code:

All students at the University of Evansville agree to the University honor code: *I will neither give nor receive unauthorized aid, nor will I tolerate an environment that condones the use of unauthorized aid.*

Course AI Policy:

In this course, submission of any work that is not entirely your own is considered academic dishonesty. The use of generative AI tools such as ChatGPT are prohibited and constitute a violation of academic integrity as examples of unauthorized aid.

Course Schedule:**Week Topic**

- 1 Introduction to the Health Sciences
- 2 Overview of Careers in Exercise & Sport Science
- 3 Allied Health Professions
- 4 Self-Assessment: Interests, Values, Strengths
- 5 Medical Professions
- 6 Personal & Professional Philosophy
- 7 Exercise Science Professions
- 8 Lifestyle Considerations
- 9 Career Research Methods
- 10 Voices from the Field(s)
- 11 Career Interview Week
- 12 Project Workshops / Draft Reviews
- 13 Student Presentations (Part 1)
- 14 Student Presentations (Part 2) & Debrief

University Policy Statements

Disability Policy:

The University of Evansville is committed to providing an accessible and supportive environment for students with disabilities. It is the policy and practice of the University of Evansville to make reasonable accommodations for students with properly documented disabilities. Students should contact Disability Services at 812-488-2663 to seek services or accommodations for disabilities. Written notification to faculty from Disability Services is required for academic accommodations.

Institutional Equity and Title IX

UE is committed to fostering an atmosphere free from harassment and creating an inclusive campus for all members of the University community regardless of their sex, sexual orientation, gender identity, race, religion, ethnicity, country of origin, ability, or veteran status. All Faculty members are considered Responsible Employees and required to report instances of discrimination, harassment, or sexual violence to the Office of Institutional Equity

You may also choose to speak to a Confidential Resource about your experience. Confidential Resources at the University include:

Counseling Services: 812-488-2663, counselingservices@evansville.edu

Crayton E. and Ellen Mann Health Center: 812-488-2033, healthcenter@evansville.edu

Spiritual Formation Coordinator: 812- 488-5265, spiritualformation@evansville.edu

If you or someone you know has been harassed, assaulted, or discriminated against you can find the appropriate resources by contacting the Assistant Director of Institutional Equity and Title IX Coordinator: email titleix@evansville.edu ; phone (812) 488-5261. For more information visit <https://www.evansville.edu/offices/titleix/policy.cfm> .

Non-discrimination Statement

The University of Evansville expects all members of its community to treat each other with respect and civility. Harassing behaviors directed towards any member of our community will not be tolerated. As part of its commitment to non-discrimination, the University specifically prohibits harassment based on any other characteristics set forth in its nondiscrimination statement as follows: including race, color, gender, gender identity and expression, sexual orientation, creed or religion, national origin, age, disability, veteran status and all federally protected groups/classes. Any form of harassment undermines the mission of the University and negatively impacts the University community as a whole. For more information contact the [Center for Inclusive Excellence](#).

Campus Safety

All members of the UE community are automatically enrolled in the Ace Alerts Emergency Alert System. When the system is activated, emergency notification information is sent in the following manner: calls to campus IP phones, text messages, emails, campus housing speaker system, active threat sirens (non-weather related), digital signage, and AlertUS desktop on campus-owned computers.

To contact the Office of Public Safety:

Emergencies: 812-488-6911

Non-emergencies: 812-488-2051

Complaints, Grievances, and Appeals

The University of Evansville seeks to resolve all student concerns in a timely and effective manner through policies and processes documented in the University [Course Catalog](#) and [Student Handbook](#).

Student Resources

Access the links below to connect with departments and resources that are here to support all UE students.

Academic Services: Contact the Center for Academic Advising to connect with academic support services including supplemental instruction, tutoring, and time management and study skills help.

Blackboard Guides: Blackboard is the University of Evansville's course management system for online courses. Guides on using Blackboard can be found within [MyUE](#).

Writing Center : The Writing Center provides access to writing resources, appointments for one-on-one writing help, and assistance with any stage of the writing process.

Counseling Services: Counseling Services provides general, short-term counseling that assists students in identifying barriers and setting goals while improving coping strategies to achieve personal and academic goals.

University Libraries: Conduct research, access resources, and contact librarians for any research related help.